

Patient Name: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### **Health History**

(Check all conditions which are applicable to your past medical history)

#### **GENERAL**

- 1)fever \_\_\_\_\_
- 2)chills \_\_\_\_\_
- 3)night sweats \_\_\_\_\_
- 4)loss of sleep \_\_\_\_\_
- 5)fatigue \_\_\_\_\_
- 6)nervousness \_\_\_\_\_
- 7)weight loss/gain \_\_\_\_\_
- 8)diabetes \_\_\_\_\_
- 9)cancer \_\_\_\_\_
- 10)thyroid disease \_\_\_\_\_
- 11)HIV/AIDS \_\_\_\_\_
- 12)depression \_\_\_\_\_
- 13)anorexia/bulimia \_\_\_\_\_
- 14)gout \_\_\_\_\_
- 15)multiple sclerosis \_\_\_\_\_

#### **CARDIOVASCULAR**

- 45)irregular heartbeat \_\_\_\_\_
- 46)chest pain/angina \_\_\_\_\_
- 47)history of heart trouble \_\_\_\_\_
- 48)ankle swelling \_\_\_\_\_
- 49)varicose veins \_\_\_\_\_
- 50)high blood pressure \_\_\_\_\_
- 51)stroke \_\_\_\_\_
- 52)anemia \_\_\_\_\_
- 53)bleeding disorders \_\_\_\_\_
- 54)high cholesterol \_\_\_\_\_
- 55)pacemaker \_\_\_\_\_

#### **NEUROLOGICAL**

- 77)weakness \_\_\_\_\_
- 78)twitching \_\_\_\_\_
- 79)tremor \_\_\_\_\_
- 80)fainting \_\_\_\_\_
- 81)epilepsy \_\_\_\_\_
- 82)numbness/tingling \_\_\_\_\_
- 83)arm/leg pain \_\_\_\_\_
- 84)psychiatric disorder \_\_\_\_\_
- 85)dizziness \_\_\_\_\_
- 86)convulsions \_\_\_\_\_

#### **SKIN**

- 107)itching \_\_\_\_\_
- 108)bruise easily \_\_\_\_\_
- 109)skin cancer \_\_\_\_\_
- 110)abnormal moles \_\_\_\_\_

#### **FAMILY HISTORY**

- 118)cancer \_\_\_\_\_
- 119)diabetes \_\_\_\_\_
- 120)high blood pressure \_\_\_\_\_
- 121)heart disease \_\_\_\_\_
- 122)muscle/bone/nerve disease \_\_\_\_\_
- 123)thyroid disease \_\_\_\_\_

#### **EENT**

- 16)poor vision \_\_\_\_\_
- 17)blurry vision \_\_\_\_\_
- 18)pain in eye(s) \_\_\_\_\_
- 19)cataracts \_\_\_\_\_
- 20>glaucoma \_\_\_\_\_
- 21)change in vision \_\_\_\_\_
- 22)difficulty hearing \_\_\_\_\_
- 23)deafness \_\_\_\_\_
- 24)nosebleeds \_\_\_\_\_
- 25>pain in nose \_\_\_\_\_
- 26>hoarseness \_\_\_\_\_
- 27>dental problems \_\_\_\_\_
- 28>toothaches \_\_\_\_\_
- 29>sinusitis \_\_\_\_\_

#### **GASTROINTESTINAL**

- 30>hernia \_\_\_\_\_
- 31>change in appetite \_\_\_\_\_
- 32>indigestion \_\_\_\_\_
- 33>difficulty/painful swallowing \_\_\_\_\_
- 34>nausea/vomiting \_\_\_\_\_
- 35>excessive belching/gas \_\_\_\_\_
- 36>hemorrhoids \_\_\_\_\_
- 37>vomiting blood \_\_\_\_\_
- 38>pain in abdomen \_\_\_\_\_
- 39>ulcers \_\_\_\_\_
- 40>black/bloody stool \_\_\_\_\_
- 41>liver problems/hepatitis \_\_\_\_\_
- 42>gallbladder problems \_\_\_\_\_
- 43>jaundice \_\_\_\_\_
- 44>constipation/diarrhea \_\_\_\_\_

#### **GENITOURINARY**

- 56)frequent/painful urination \_\_\_\_\_
- 57>blood in urine \_\_\_\_\_
- 58>kidney disease \_\_\_\_\_
- 59>urinary infection \_\_\_\_\_
- 60>breast pain \_\_\_\_\_
- 61>breast lump \_\_\_\_\_
- 62>inability to control urination \_\_\_\_\_
- 63>difficulty starting urine flow \_\_\_\_\_
- 64>get up \_\_\_\_ X/night to urinate \_\_\_\_\_
- 65>sexual dysfunction \_\_\_\_\_
- 66>venereal infections \_\_\_\_\_

#### **RESPIRATORY**

- 67>asthma \_\_\_\_\_
- 68>difficulty breathing \_\_\_\_\_
- 69>chronic cough \_\_\_\_\_
- 70>wheezing \_\_\_\_\_
- 71>spitting phlegm \_\_\_\_\_
- 72>spitting blood \_\_\_\_\_
- 73>emphysema \_\_\_\_\_
- 74>pneumonia \_\_\_\_\_
- 75>tuberculosis \_\_\_\_\_
- 76>bronchitis \_\_\_\_\_

#### **MUSCULOSKELETAL**

- 87>neck pain/stiffness \_\_\_\_\_
- 88>pain between the shoulders \_\_\_\_\_
- 89>upper/low back pain \_\_\_\_\_
- 90>headaches/migraines \_\_\_\_\_
- 91>swollen/painful joints \_\_\_\_\_
- 92>muscle aches/soreness \_\_\_\_\_
- 93>osteoporosis \_\_\_\_\_
- 94>rheumatoid arthritis \_\_\_\_\_
- 95>arthritis pain \_\_\_\_\_

#### **FEMALES ONLY**

- 97>painful periods \_\_\_\_\_
- 98>excessive flow \_\_\_\_\_
- 99>irregular cycles \_\_\_\_\_
- 100>vaginal burning/itching \_\_\_\_\_
- 101>hot flashes/menopause \_\_\_\_\_
- 102>pregnant/nursing \_\_\_\_\_
- 103>birth control pills \_\_\_\_\_
- 104>date of last period \_\_\_\_\_
- 105>date of past PAP \_\_\_\_\_
- 106>date of last mammogram \_\_\_\_\_

#### **SOCIAL**

- 111>alcohol abuse \_\_\_\_\_
- 112>recreational drug use \_\_\_\_\_
- 113>smoking \_\_\_\_ packs/day \_\_\_\_\_
- 114>exercise \_\_\_\_ X/week \_\_\_\_\_

#### **MEN ONLY**

- 115>testicular pain \_\_\_\_\_
- 116>testicular swelling \_\_\_\_\_
- 117>prostate problems \_\_\_\_\_

#### **125)Current medications**

#### **126)Current Vitamins/Supplements**

#### **127)Allergies**

#### **128)Hospitalizations/Surgeries**